

# HOPE TALKS

A CONVERSATION GUIDE



*“Hope and Interdependence”*



IDEAschool  
INTERDEPENDENCE EDUCATION FOR ACTION



# “Hope and Interdependence” Hope Talks Conversation Guide

## Key Term

### **INTERDEPENDENCE**

Interdependence is the dependence of two or more people or things on each other.



SPARK A CONVERSATION

# Let's Talk About Hope

**What does the word "hope" mean to you?**

**What are your hopes and dreams?**

**What helps you maintain a sense of hope in difficult times?**

**What gives you strength?**



CONTINUE THE CONVERSATION

## Dive Deeper Into “Hope”

- Share a dream or an aspiration of yours.
- When was the last time you felt hopeful? Share a memory that you have about hope, describe this memory in as much detail as possible.
- What is one thing that gave you hope today?
- How do you give hope to others?
- How does hope make you feel?
- What are some of your fears?
- What scares you the most about next year?
- Have you ever experienced a loss of hope? What effect did it have in your life?
- Do you think having hope makes you strong?
- How do you express hope?
- How does your community express hope?
- Is there a person in your life who inspires you? Why?
- Is there a phrase or saying in your language that gives you hope?
- What do you think you'll be doing in five years?
- Do you consider yourself religious or spiritual? How does hope play into this part of your identity?
- Has hope ever prompted you to join a movement or take action for a cause that was greater than yourself? Why?
- Is maintaining a sense of hope crucial to international movements?



SPARK A CONVERSATION

# Let's Talk About "Interdependence"

**What are the most important aspects of your identity?**

**How do you build strong relationships?**

**How do you show someone that you love, care, and support them?**

**How do communities play a role in your life?**



C O N T I N U E   T H E   C O N V E R S A T I O N

# Dive Deeper Into “Interdependence”

- Who are you? Who are you to others?
- Where is home for you?
- How do you support others?
- What do you value in others and how does this strengthen your relationship with them? (Honesty, trust, integrity, humor, etc.)
- Who do you trust? Why do you trust them?
- Talk about someone who you turn to in times of need.
- How do you show someone that you love, care, and support them? What does the word “community” mean to you?
- How do communities play a role in your life?
- How does your community support you?
- Do you think you need a community of people to depend on?
- Do you have similar values to your friends and family? Are some of your values different?
- How do you stay connected to your community?
- Do you believe there is power in being independent?
- In which aspects of your life do you prefer to be independent?
- How does a community take action?
- When is it important to speak up and when is it important to listen?



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## ABOUT THE IDEA SCHOOL

The OneShared.World IDEA (Interdependent Education for Action) School is the educational arm of OneShared.World. The IDEA School is represented by a diverse team of college students and experienced educators from around the world. We are committed to building an interdependent society embracing economic, environmental, gender and racial justice.

## ABOUT ONESHARED.WORLD

OneShared.World is a broad and inclusive movement of people in over 100 countries on five continents working collaboratively across diverse cultures, communities, ethnicities, generations, and nations to ensure a better future for humankind and the sustainability of our common home. We are building a third pillar of the global power structure beyond sovereign states and the essential international institutions our governments have created. This third pillar is a fully inclusive, global social movement and political force representing the democratic expression of our common humanity. We seek to give our common needs as humans a voice that is relevant in all major decision-making.

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